

Out & About

The USAG Schweinfurt Magazine for all of your life

www.schweinfurt.army.mil



June 2009

USAG

SCHWEINFURT

TOP 10 SUMMER HOT SPOTS

Out & About is a monthly magazine for Family and Morale, Welfare and Recreation activities at USAG Schweinfurt. Circulation: 1,000. The information in this issue is current at the time of publication; activities and events are subject to change. For information, call the individual facility. The appearance of advertising does not constitute endorsement by the Department of Defense.

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Out & About

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THE 234TH UNITED STATES ARMY BIRTHDAY

Two hundred and thirty-four years ago, the United States Army was established to defend our Nation. From the Revolutionary War to the Global War on Terror, our Soldiers remain Army Strong with a deep commitment to our core values and beliefs. This 234th birthday commemorates America's Army – Soldiers, Families and Civilians – who are achieving a level of excellence that is truly Army Strong both here and abroad. Their willingness to sacrifice to build a better future for others and to preserve our way of life is without a doubt, the Strength of our Nation.

Celebrating the U.S. Army 234th Birthday

June 19

Child Development Center:

Cake & Storybook Reading, 9:30 a.m.

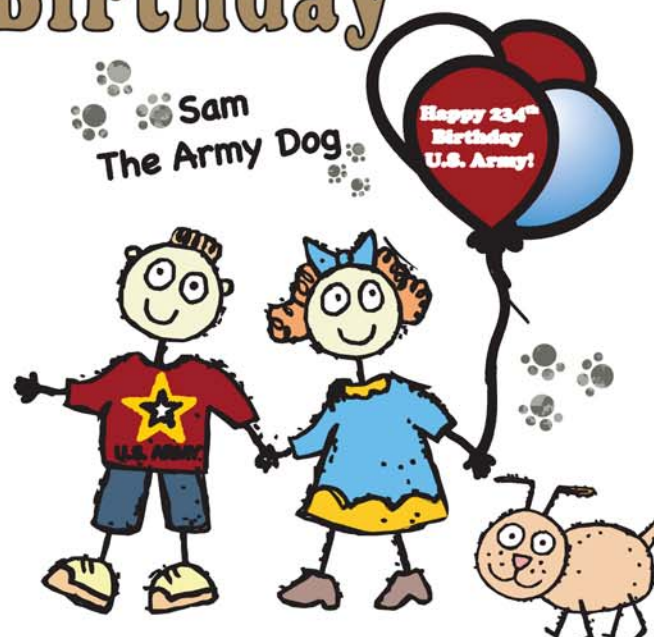
Middle School/Teen Center:

BBQ & Cake, 4 p.m.

School Age Services:

Cake & Storybook Reading, 4:30 p.m.

**Call CIV 09721-96-6517 or DSN 354-6517
for details.**





Bldg. 242, Ledward Barracks
Monday-Thursday, 10 a.m.-8 p.m.
Closed Friday
Saturday, Sunday & Holidays, 10 a.m.-6 p.m.
09721-96-1740 or DSN 354-1740



Weekly Events

Wednesday, 9:30 a.m. – **Soldier In-Processing Class**

Wednesday, 10 a.m. - **Health Nurse Meeting**,
Conference Room 1

Wednesday, 10 a.m. - **Children's Story Time and Crafts**. Open to
preschoolers and their parents.

Wednesday, 6-7 p.m. - **College Success Group**
Study group to discuss classes, trade books and get tutoring.
Open to any college students or those willing to help tutor
students.

Saturday, 3 p.m. - **Video Gamers Tournament**
The library invites you to bring your favorite video game and
join others to compete in a "just for fun" tournament.

Special Events

June 7, 14 & 21

Movie Matinee

In association with Film Movement, the library presents
first-run, award-winning, independent films. Films begin at
1 p.m.

June 7: *The Pope's Toilet*, a film by Cesar Chalone.

June 14: *Ben X*, a film by Nic Balthazar

June 21: *Noise*, a film by Matthew Saville

June 25

Book Club Meeting

Library Book Club meets at 5:15 p.m. in the library staff room.
Coffee, tea and treats will be served. Book title is *Year of
Magical Thinking* by Joan Didion. For more information, speak
with a library staff member or call Ms. Pam Rio at 09721-96-
6487 or DSN 354-6487.

June 29

Eric Carle Birthday Celebration

Eric Carle, author of *Very Hungry Caterpillar*, is celebrating his
80th birthday. Come by and peruse a display of his books.

June 29

Video Game & Graphic Novel Teen Group

Bring your games, anime and ideas! Group meets from
4-6 p.m.

GET WIRED.
FREE INTERNET ACCESS

Be Creative

Annual Summer Reading Program

Get to know the arts, music and crafts and be creative!
Registration begins on June 1; registration packets are at
the front desk. Open to children six to 11 years old. Events
will be held on July 8, 15, 22 & 29 from 1-2 p.m.

at Ledward Library

Express Yourself
The Teen Program
"Express Yourself!" will
be held July 8 & 22
from 4-5:30 p.m.

Contact the library
for details!

USAG SCHWEINFURT

TOP 10 SUMMERTIME HOTSPOTS

1. BOWLING CENTER

The Bowling Center is the Spot! That's according to parents and singles alike. Located at Kessler Field, the Bowling Center sports 24 bowling lanes as well as slots, video games, wifi, food and beverages. According to FMWR Bowling Manager, Bobby Boggs, "Most people don't realize that we have a Pro Shop offering shoes and bowling balls for purchase." That's not all. The Bowling Center, as part of its outdoor facilities, has two pavilions with grills, a fest tent, a humongous open field and a playground for the children. Unit functions are available upon request. Call 09721-83391/DSN: 354-6332 for more information.

2. SWIMMING POOLS

Nothing says summertime like sipping a frosty beverage poolside. And the greater Schweinfurt area has some of the best. Silvana (www.silvana.de) is the closest from Ledward and offers both an indoor and outdoor pool, water slides, diving boards and sauna facilities. Kissalis in Bad Kissigen (www.kissalis.de) is open year round and offers state-of-the-art indoor and outdoor pools. Sinnflut in Bad Bruckenaue (www.fluti.de) has several amusement pools in the interior and exterior with a variety of attractions including a giant 60-meter tunnel slide and a water play garden for the youngsters.



3. LEDWARD LIBRARY

The library could possibly be the Garrison's best kept secret. Summer time blues? How about air conditioned rooms, free wireless internet, the newest bestsellers, and an endless selection of free movies and music? If you're trying to keep your out-of-school little ones entertained during the summer, the library's annual Summer Reading Program kicks off July 8 and runs every Wednesday until July 29. Open to children 6-11 years old, highlights include a visit to the Museum Georg Schaefer in Schweinfurt and a trip to the Confectionary Museum in Kitzingen.

4. PAINTBALL RANGE

The Outdoor Recreation Center has its very own paintball range located on Conn Barracks. The range is open every Saturday during the summer from 10 a.m. – 4 p.m. Unit functions are available upon request. Coming soon: ODR unveils its 100ft x 50ft inflatable paintball mega arena. Call 09721-96-8080/DSN 353-8080 for details.



5. GOLF COURSES

Writer P.G. Wodehouse said that "golf, like the measles, should be caught young, for, if postponed to riper years, the results may be serious." So get out there! Don't be intimidated by par fives and long putts. Schweinfurt has plenty of courses to enjoy lush greens and breathtaking views. Check out any of these four convenient locations: USAG Bamberg White Pines Golf Course (www.bamberg.army.mil/sites/mwr/golf.asp), Schweinfurt Golf Club (www.golfclub-schweinfurt.de), Kitzingen Golf Club (www.golfclub-kitzingen.de) and Wurzburg Golf Club (www.golfclub-wuerzburg.de).

6. BATTING CAGES

Unbeknownst to most Schweinfurt residents are the MWR batting cages located at Kessler Field. Operated by staff at the Bowling Center, the batting cages are open on the same days as the Bowling Center, but hours run from 11 a.m. to 9 p.m. Staff provides helmets and bats and children under ten need parent supervision. The cages throw softball and variable fastball pitches. Think you're a tough guy? Step into the cage hurling mustard at 96 mph.



7. SPORTING EVENTS

Whether spectator or athlete, USAG Schweinfurt has you covered. Sign up for summer soccer or softball at Finney Fitness Center. Call 09721-96-8234/DSN: 353-8234 for details. CYS Services offers sporting events for kids year round. Register at Central Registration located at The Commons.

8. ANIMAL PARK

Opened in 1963, Wildpark an den Eichen Schweinfurt is an animal park for all ages. The park is home to more than 500 animals including wolves, wild boars and vultures. And that's not all! This 40 acre urban safari boasts a petting facility as well as several playgrounds, restaurants and miniature golf. Dogs are permitted and admission and parking are both free. For more information, check out the website www.wildpark-schweinfurt.de or call 09721-51502.

9. NORDWÄRTS

You're going to need a license before you step into that kayak or canoe. Don't fret. Let the staff at Nordwärts take care of it for you. Located just 20 minutes from Ledward Barracks, the Nordwärts facility is situated on a beautiful lake nestled between a wooded valley. Nordwärts offers kayaking, canoeing, paddle boats, fishing, camping, well-marked biking and hiking trails and an awesome high ropes obstacle course—all operated by English-speaking professionals waiting to assist you. For details, visit the website at www.nordwaerts.info or call 01578-3551547.



10. COMMUNITY THEATRE

Award-winning Theatre Director, Garland Travis, and Assistant Theatre Director, Steven Connley, bring fresh energy to the theatre scene in Schweinfurt. The thespian duo offers theatre classes throughout the summer. "Classes are all driven by volunteer interest," notes Travis. Classes are open to those wanting to get involved in acting, directing, set design and make-up. For details, call 0162-296-2776.

SPRING 2009 TRIPS



Outdoor Recreation Trips

Conn Barracks, Bldg. 50
CIV: 09721-96-8080
DSN: 353-8080

Trips depart from, and return to, Outdoor Recreation. Sign up in advance. Bring Euros for personal expenses.

June 13

Military Museum in Stammheim & Classic Car Show

It's a military history buffs' paradise! The museum displays a wide historical range, from the occupation of the region by Napoleon around 1800 through the First and Second World Wars and the invasion of American troops in 1945. Cost: \$10 for transportation.

June 20

Day Trip to the Rhoe

We'll visit the Wasserkuppe with their Summer Roller-coaster, the Outdoor Museum in Fladungen and the famous Kreuzberg Monastery best known for its delicious beer. Don't miss out! Depart at 9 a.m. and return around 5:30 p.m. Cost: \$20 for transportation and entrance to the museum.

BOSS/Finney Recreation Center Trips

Conn Barracks, Bldg. 64
CIV: 09721-96-8476
DSN: 353-8476



All trips depart from, and return to, Finney Fitness Center. Sign up deadline is one week before trip date; a minimum of 30 people is necessary. Cost is for transportation only; bring Euros for personal expenses & entry fees.

Crafts Studio Trips

Ledward Barracks, Bldg. 203
CIV: 09721-96-6903
DSN: 354-6903



All trips depart from, and return to, the Crafts Studio. Trips are subject to sign-ups & availability of transportation. Transportation is free; bring Euros for personal expenses.

June 1

International Africa Festival at Würzburg

This is the 21st International Africa Festival! There will be entertainment, displays, and crafts and food from all the African nations. This is a huge fest and requires several hours to enjoy! Depart at 10 a.m. and return in the late afternoon.

June 14

281st Salatkirmes at Ziegenhain

This is a very traditional folk fest in the hometown of Little Red Riding Hood. Ziegenhain is the location from which the Hessian soldiers came to fight in the American Revolution. The fest has a wonderful parade and a carnival with rides and lots of food. We'll stop at a flea market on the way. Depart at 8 a.m. and return time is TBD.

June 13

Warner Brothers Movie World

The largest movie theme park in Germany offers five themed areas with over 40 attractions...all devoted to the world of film! The kiddies will love SHREK 4D Cinema and Nickland, featuring Spongebob and his friends. Get an adrenaline kick with a 60 meter drop on the "High Fall" or an intense roller coaster adventure on "MP Xpress." Depart at 4 a.m. and return at 6 p.m. Cost: €47 per person.



Crafts Studio

Bldg. 203, Ledward Barracks
09721-96-6903 or DSN 354-6903

Hours: Wednesday & Thursday, 1-9 p.m.;
Friday & Saturday, 10 a.m.-6 p.m.

Ledward
Crafts Studio

Birthday Party Planning

Plan your next birthday party, club meeting or FRG meeting at the Crafts Studio; call ahead to schedule your event. Advance notice is required for assistance from the Studio staff for a creative presentation or activity.

Ledward Crafts Studio Classes

All materials are available at the Studio. Class cost is \$35 plus materials for six sessions, unless otherwise noted. Alternate class days and times can be arranged upon request.

Basket Workshop

All skill levels are welcome to make a small market or egg basket. Workshop is on Wednesday at 6 p.m.

Patchwork Quilting

This is a handwork class that meets on Tuesday from 6 – 8 p.m.

Crochet Cats

Interest group meets on Wednesday from 6 – 8 p.m. Bring your projects to share with the group; beginners are welcome. Information is available for local and on-line sources of supplies.

Lace Making With David

Work at your own pace in this class to learn about the very special European craft of lace making. Class meets on Thursday from 6 – 8 p.m.

Hand Weaving & Hand Spinning

Enjoy the old world crafts of weaving on the loom and hand spinning with the spinning wheel. Class meets on Thursday at 5:30 p.m.

Ceramics

Mold ceramics orientation is offered every Saturday. Class is from 11 a.m. – 3 p.m. Cost is \$20 which includes all materials; Ask about family rates.

Pottery

Pottery using the potter's wheel is offered on Saturday from 2 – 4 p.m.



Wood 'N' Frame Shop

Bldg. 242, Ledward Barracks

09721-96-6304 or DSN 354-6304

Hours: Tuesday-Friday, 2-8:45 p.m.;
Saturday & Sunday, 10 a.m.-4:45 p.m.;
Closed Monday; 1st & 3rd Tuesday;
2nd & 4th Sunday

Wood 'N' Frame Shop Classes

All materials are available at the shop.
Sign up in advance.

Veneer Chess Board Making

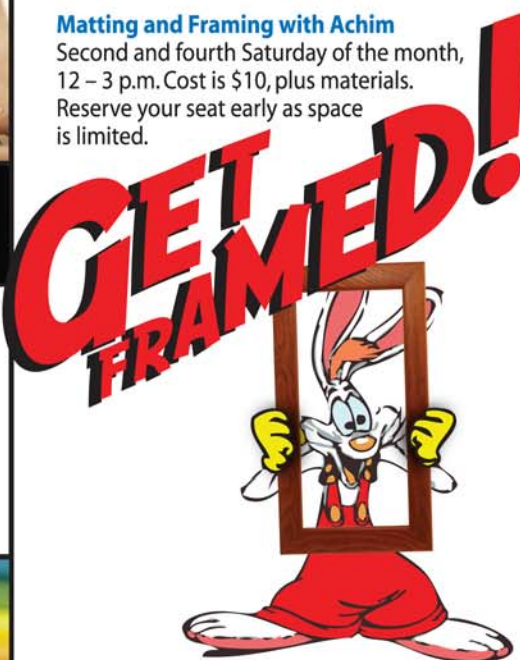
Wednesday, 6-8 p.m. Cost is \$50 for three sessions and includes all materials and instruction.

Wood Shop Orientation

Saturday, 10-11:30 a.m. Class is free and required to use the wood shop.

Matting and Framing with Achim

Second and fourth Saturday of the month, 12 – 3 p.m. Cost is \$10, plus materials. Reserve your seat early as space is limited.





Kessler Bowling Center

COSMIC BOWLING

Every Friday & Saturday • 8 p.m.



JUNE 2009

Monday	Tuesday	Wednesday	Thursday
Spinning: 6:45 - 7:30 a.m. 1	Pilates: 9 - 10 a.m. Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 2	Spinning: 6:45 - 7:30 a.m. 3	Yoga: 9 - 10 a.m. Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 4
Spinning: 6:45 - 7:30 a.m. 8	Bootcamp Spinning: 12 - 12:30 p.m. Pilates: 5:30 - 6:30 p.m. Aerobics: 6:30 - 7:30 p.m. 9	Spinning: 6:45 - 7:30 a.m. 10	Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 11
Spinning: 6:45 - 7:30 a.m. 15	Pilates: 9 - 10 a.m. Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 16	Spinning: 6:45 - 7:30 a.m. 17	Yoga: 9 - 10 a.m. Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 18
Spinning: 6:45 - 7:30 a.m. 22	Bootcamp Spinning: 12 - 12:30 p.m. Pilates: 5:30 - 6:30 p.m. Aerobics: 6:30 - 7:30 p.m. 23	Spinning: 6:45 - 7:30 a.m. 24	Bootcamp Spinning: 12 - 12:30 p.m. Yoga: 5:30 - 6:30 p.m. Aerobics: 6:30 - 7:30 p.m. 25
Spinning: 6:45 - 7:30 a.m. 29	Pilates: 9 - 10 a.m. Bootcamp Spinning: 12 - 12:30 p.m. Aerobics: 6:30 - 7:30 p.m. 30	All classes are Free! Personal Trainer, Pre/Postnatal Training and Unit PT classes are available upon request. Kessler Fitness Trainers are trained and certified. Sign up at Kessler Fitness Center or call CIV 09721-96-6735 or DSN 354-6735.	

USAG SCHWEINFURT

summer soccer season

June 27 - July 6



ELIGIBILITY

Open to male and female Community level and All Star teams in IMCOM-E. Players must be ID cardholders age 18 or older (not in high school).

COACHES & PLAYERS' MEETING

June 16 at 6 p.m.,
Finney Fitness Center.

PRACTICE

Tuesdays & Thursdays,
Blue Sport Field.

For more information, email
william.comeford@eur.army.mil or tony.puskorius@eur.army.mil

FINNEY FITNESS CENTER
CONN BARRACKS, BLDG. 64
09721-96-8234/DSN: 353-8234

SCHWEINFURT SOFTBALL

MEN & WOMEN'S COMMUNITY INVITATIONAL SOFTBALL TOURNAMENT

June 20 - 21 • 9 a.m. - 8 p.m.
Conn Main & Pendleton Sports Field
Register June 1 - 16

MEN & WOMEN'S COMMUNITY INVITATIONAL SOFTBALL TOURNAMENT

July 11 - 12 • 9 a.m. - 8 p.m.
Conn Main & Pendleton Sports Field
Register July 1 - 7

Both events are free and open to ID cardholders age 18 and over (not in high school). Register at Finney Fitness Center, Bldg. 64, Conn Barracks
09721-96-8234 or DSN 353-8234
E-mail: william.comeford@eur.army.mil



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Annual Summer Reading Program
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International Africa Festival at Würzburg
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Beginner German Language Class
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COSMIC BOWLING
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COSMIC BOWLING
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Golf Tournament
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FAMILY DAY BOWLING
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Schweinfurt →
Destination Schweinfurt Day Trip
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Boss Council Meeting
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Deployment Support Group
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SUPPORT

German Holiday Corpus Christi Day

DoDDS-E Last Day of School

COSMIC BOWLING
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USAREUR Training Holiday

COSMIC BOWLING
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Military Museum in Stammheim & Classic Car Show
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Warner Brothers Movie World
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281st Salatkirmes at Ziegenhain
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FAMILY DAY BOWLING
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SUMMER CAMP
Yes Wii Can!
Summer Camp Begins
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USAREUR Training Holiday

Stress-less Wednesday
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COSMIC BOWLING
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Day Trip to the Rhoen
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SCHWEINFURT SOFTBALL
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SCHWEINFURT SOFTBALL
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FAMILY DAY BOWLING
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LUNCH BUNCH
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COSMIC BOWLING
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Summer Soccer Begins
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SOCCER

FAMILY DAY BOWLING
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Ledward Library Book Club
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JOAN DIDION
THE YEAR OF MAGICAL THINKING

Ledward Crafts Studio
Ledward Barracks, Bldg. 203
CIV: 09721-96-6903
DSN: 354-6903

WHO'S YOUR DADDY?

Makes something special for Dad this Father's Day!

The Craft Studio has unlimited supplies and offers classes year round. Plan your next birthday party, club meeting or FRG meeting at the Crafts Studio. Use the force!



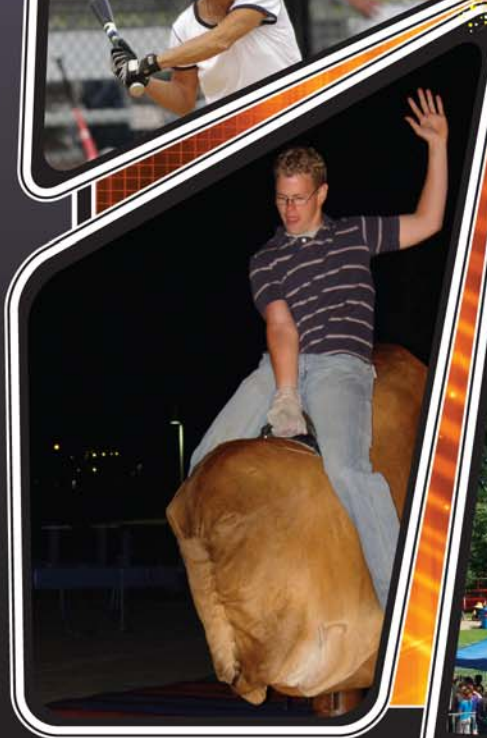
USAG SCHWEINFURT INDEPENDENCE DAY CELEBRATION

KESSLER FIELD

CAR SHOW



YING YANG TWINS



FIREWORKS

CAR SHOW

LIVE MUSIC

**10K RUN &
2/3/5K FUN RUNS**

**RIDES &
GAMES FOR KIDS**

FOOD VENDORS

**SPORTS
TOURNAMENTS**

JULY 4

9 A.M. - 10:30 P.M.

BRING BLANKETS, CANOPIES & LAWN CHAIRS

Questions? Call 09721-96-6762/DSN 354-6762.

Finney Recreation Center & Better Opportunities for Single Soldiers (B.O.S.S.)

Bldg. 64, Conn Barracks
09721-96-8476 or DSN 353-8476

JUNE 9 & 23, 2 P.M. BOSS Council Meeting

Call for info

BOSS FINNEY REC CENTER HAPPENINGS

- June 2: Pool Tournament (9 Ball)
- June 9: Halo 3 Tournament
- June 16: Table Tennis Tournament
- June 23: Wii Challenge
- June 25: Movie and Popcorn Night (Horror)

All activities start at 6 p.m.

WHEN SUMMER CALLS FOR

A ROAD TRIP

Got questions about camping? Want to venture out on your own? The MWR Outdoor Recreation staff offer expert advice on the best outdoor activities in Germany. Choose from a vast selection of affordable rental equipment such as camping supplies, top-of-the-line bicycles, rollerblades and paintball equipment. Offered year round. Check it out today!



Bldg. 50, Conn Barracks
CIV: 09721-96-8080 • DSN: 353-8080

Best Ball Golf Tournament June 6

€30 per person

For more information, call William Comeford at 09721-96-8234, DSN 353-8234.

Registration: 7:30-8:15 a.m.

Briefing and Course Rules: 8:15 a.m.

Tee-Off: 8:30 a.m.

Trophies will be awarded to 1st, 2nd & 3rd place teams

Sign up at Finney Fitness Center, Bldg. 64, Conn Barracks, through June 5 or register on-site June 6.

Competition consists of 4-player teams, each playing 18 holes. Score is not calculated using handicap. Tournament is limited to 72 players (18 teams). Open to US ID cardholders ages 18 and older. €30 entry fee is due the day of the event; pre-payment is not permitted. All payments must be in Euro. All participants must bring their own clubs and balls.



June 2009



English as a Second Language:
Level III: Monday & Wednesday,
11 a.m.-1 p.m.; Level IV, Tuesday
& Thursday, 11 a.m.-1 p.m.

Deployment Support Group:
Wednesday, 10 a.m.-12 p.m.
Bldg. 242, MOS Library

Monday

1
Computer Basic & Windows Vista,
8 a.m.-12:50 p.m.
Infant Massage, 10-11:30 a.m.

8
Basic Excel I, 8 a.m.-12:50 p.m.
Infant Massage, 10-11:30 a.m.
Destination Schweinfurt Day
Trip, 9 a.m.-2 p.m.
Beg. German, 11:30 a.m.-1 p.m.
Couples' Comm., 6:30-7:30 p.m.

15
The Relationship Cure, 9-11 a.m.
SNAPS, 9 a.m.-2:15 p.m.
Infant Massage, 10-11:30 a.m.
Beg. German, 11:30 a.m.-1 p.m.

22
Infant Massage, 10-11:30 a.m.
Beg. German, 11:30 a.m.-1 p.m.

29
Infant Massage, 10-11:30 a.m.
ADD/ADHD Support Group,
10 a.m.-12 p.m.
Beg. German, 11:30 a.m.-1 p.m.

Tuesday

2
Basic Word I, 8 a.m.-12:50 p.m.
Playmorning, 10-11:30 a.m.
How to Find a Job, 2-3 p.m.
Anger Mgmt., 3-5 p.m.
No Risk Investing, 3:30-4:30 p.m.

9
Basic Excel II, 8 a.m.-12:50 p.m.
L & L Parenting, 9-11 a.m.
Playmorning, 10-11:30 a.m.
FRG Crash Course, 11:30 a.m.-1:30 p.m.
Anger Mgmt., 3-5 p.m.
EFMP Recreation, 3:30-5:30 p.m.

16
SNAPS, 9 a.m.-2:15 p.m.
L & L Parenting, 9-11 a.m.
Playmorning, 10-11:30 a.m.
Anger Mgmt., 3-5 p.m.

23
L & L Parenting, 9-11 a.m.
Spons. Training, 9-11 a.m.
Career & Interest, 9:30 a.m.-12 p.m.
Playmorning, 10-11:30 a.m.
Anger Mgmt., 3-5 p.m.
Treasurer Trng., 11:30 a.m.-1:30 p.m.

30
Playmorning, 10-11:30 a.m.
Anger Mgmt., 3-5 p.m.

Wednesday

3
Basic Word II 8 a.m.-12:50 p.m.
Beg. German, 11:30 a.m.-1 p.m.

10
PowerPoint, 8 a.m.-12:50 p.m.
Smooth Move, 9-10 a.m.
1-2-3 Magic, 9-11 a.m.
Birth-N-Babies I, 9 a.m.-12 p.m.

17
OB Orientation, 9 a.m.-12 p.m.
AFTB III, 9 a.m.-2 p.m.
SNAPS, 9 a.m.-2:15 p.m.
VMIS Training, 10-11 a.m.
Beg. German, 11:30 a.m.-1 p.m.
Stress-less Wednesday, 1-2 p.m.

24
Individual Credit Report, 9-10 a.m.
Beg. German, 11:30 a.m.-1 p.m.

Thursday

4
Internet Explorer & Basic Web
Design, 8 a.m.-12:50 p.m.
Playmorning, 10-11:30 a.m.
FRG 101, 11:30 a.m.-1 p.m.
Civ. Résumé 101, 1:30-4:30 p.m.

11
MS Publisher, 8 a.m.-12:50 p.m.
Playmorning, 10-11:30 a.m.
New Vol. Orient., 10-11 a.m.
Bldg. Vol. Portfolio, 11 a.m.-12 p.m.
Fed Résumé 101, 1:30-4:30 p.m.

18
AFTB III, 9 a.m.-2 p.m.
SNAPS, 9 a.m.-2:15 p.m.
Playmorning, 10-11:30 a.m.
POC Training, 11 a.m.-1 p.m.
First Impression, 2-4 p.m.

25
Playmorning, 10-11:30 a.m.
Lunch Bunch, 11 a.m.-2 p.m.
Breastfeeding Support, 12-1 p.m.
FRG Roundtable, 6-8 p.m.

Friday

5
Beg. German, 11:30 a.m.-1 p.m.

12
Birth-N-Babies II, 9 a.m.-12 p.m.

19
AFTB III, 9 a.m.-2 p.m.
SNAPS, 9 a.m.-2:15 p.m.
Beg. German, 11:30 a.m.-1 p.m.

26
Asperger's and Autism Support
Group, 10 a.m.-12 p.m.
Beg. German, 11:30 a.m.-1 p.m.

ACS class/event descriptions are organized alphabetically. Classes meet at ACS, Bldg. 242, Ledward Barracks, unless otherwise specified. To register, call 09721-96-6933 or DSN 354-6933.

1-2-3 Magic: Managing Difficult Behaviors

Parenting class that deals with handling misbehavior, exercising self-control and being an effective disciplinarian. *Free, limited child care available if pre-registered with ACS and CYS Services.*

ADD and ADHD Support Group

Meet others living with ADD and ADHD and expand your network of support.

AFTB Level III

Army Family Team Building (AFTB) trains the total Army Family to be self sufficient leaders within their communities. Level III focuses on advanced leadership and personal skills.

Asperger's and Autism Support Group

Meet others living with Autism, learn about resources and expand your network of support.

Anger Management

Understand the patterns of your anger and learn to express it in unaggressive ways.

Beginner German Language

(Yellow Ribbon Room)

Learn basic German communication skills.

Birth-N-Babies I & II

Part I: Pregnancy & Childbirth. Part II: Newborn Care. Classes are for expecting/new parents or anyone interested in learning about birth and babies.

Breastfeeding Support Group

Share your concerns and experiences with new and experienced mothers.

Building Your Volunteer Portfolio

(Yellow Ribbon Room)

Bring your pictures, memos, awards, etc. from volunteering and build your volunteer portfolio.

Career & Interest Assessment Workshop

Discover a path to success for this year and the future! Assessment tools will encourage self-direction and action. Great class for job seekers and volunteers.

Civilian Résumé 101 (Bldg. 206, Room 316)

Topics include civilian résumés and cover/thank you letters. Class is appropriate for job seekers or those updating résumés.

Computer Classes (Bldg. 206, Room 316)

Computer Basic & Windows Vista; Basic Word 2007 I; Basic Word 2007 II; Basic Web Design; Basic Excel 2007 I; Basic Excel 2007 II; PowerPoint; and Publisher/Photo Editing.



Couples Communication: Long Distance (SAS)

Discover tools for strengthening your relationship even when separated from your partner. *Free, limited child care available if pre-registered with ACS and CYS Services.*

Deployment Support Group

Open to Soldiers and spouses to share thoughts, exchange coping strategies, voice concerns and get feedback. Open group; no appointment necessary.

Destination Schweinfurt Day Trip

Free bus transportation to Bad Kissingen to tour beautiful parks, gardens and more; 12 seats available on bus. If the bus is full, you may carpool behind us.

EFMP Recreation Activity (Kessler Bowling Center)

Monthly bowling activity for Families enrolled in the Exceptional Family Member Program (EFMP). Meet others and enjoy two free games of bowling.

English as a Second Language III & IV

Class assists second-language learners in developing skills needed to achieve English language proficiency.

Federal Résumé 101 (Bldg. 206, Room 316)

Learn about Civilian Personnel On-Line (CPOL); Résumé Builder (Resumix); the "ANSWER" System and more. Open to U.S. ID cardholders only.

First Impression (Interview and Dress for Success)

Make a positive first impression on job interviews. Topics include types of interviews, how to dress, etc.

FRG 101: Intro to the FRG (Yellow Ribbon Room)

Are you new to the military? Come learn how your Family Readiness Group can help you be successful in your new community.

FRG Crash Course for Leaders (Yellow Ribbon Room)

Are you a new FRG leader or are you interested in becoming one? Learn how to manage an effective FRG.

FRG Roundtable (Yellow Ribbon Room)

Open to anyone who is active in his/her FRG. Learn what's going on with other FRGs in your community.

How to Find a Job

Explore employment opportunities in the community and how to apply for different agencies.

Love & Logic Parenting (School Age Services)

Discover your parenting style. Get tips for raising loving, respectful and responsible children. *Free, limited child care available if pre-registered with ACS and CYS Services.*

Lunch Bunch (Depart from ACS)

Budget and Family oriented lunch outing on the economy with help of an ACS local national staff member.

New Volunteer Orientation (Yellow Ribbon Room)

All volunteers are invited to learn about VMIS, the importance of volunteering and more.

No Risk Investing

Workshop provides you with investment opportunities that are safe and insured by the Federal Government. Invest your money with confidence!

OB Orientation

Topics include pregnancy, nutrition and more. Mothers and fathers are encouraged to attend.

Playmorning (School Age Services)

A playgroup for children ages birth to three years. Meet other parents and build your child's social skills. *Group meets at SES starting June 16.*

POC Training (Yellow Ribbon Room)

Learn how to become a more effective Point of Contact (POC) for your FRG. Topics include: phone trees, crisis calls and responsibilities of a unit POC.

Smooth Move Seminar (Education Center)

PCSing soon? Attend this seminar to get tips on packing, shipping, moving with pets and more.

S.N.A.P.S. Orientation

"Schweinfurt Newcomers Awareness Program for Spouses" is a must for all newcomers. Learn about the city, health care and more. *Free child care available if pre-registered with ACS and CYS Services.*

Sponsorship Training (Education Center)

Come learn the ropes on helping Soldiers and Families who are new to the community.

Stress-less Wednesday (Yellow Ribbon Room)

Become aware of the types of stress, test your stress level and learn fun, creative ways to deal with it.

The Relationship Cure: A 5 Step Guide to Strengthening your Marriage, Family & Friendships

Discover how to transform troubled relationships into positive ones. *Free, limited child care available if pre-registered with ACS and CYS Services.*

Treasurer Training (Yellow Ribbon Room)

Learn the responsibilities of a treasurer including how to run a ledger, run a monthly report of funds and more.

Volunteer Management Information System Training (Yellow Ribbon Room)

Are you a volunteer or volunteer manager? Become an active user of VMIS, which is an online system for managing your volunteer activity.



CHECK OUT THESE NEW CYS SERVICES PROGRAMS TO LAUNCH THIS MONTH!

hired!

What's beyond...

“do you want fries with that”

- Apprentice positions for youth 15-18 years of age
- Exploratory work experience in a selected career path aligned with specific collegiate or vocational courses of study
- Workforce preparation trainings and college exploration workshops
- Educational incentive awards available for 17 & 18 year-olds



For more information, contact the HIRED! Program Coordinator: Anthony Hickman at 09721-96-6732 or DSN 354-6732.

the edge

The EDGE! Program offers out-of-school opportunities for children and youth to experience, develop, grow and excel by participating in cutting-edge art, fitness, life skills and adventure activities, known as Art EDGE!, Fit EDGE!, Life EDGE, and Adventure EDGE!

Art EDGE! promotes learning-by-doing and focuses on the development of lifetime skills through exposure to the arts. Art EDGE! activities increase creative development while building self-esteem



art

Fit EDGE! educates and encourages children and youth to incorporate a healthier lifestyle through physical activity and nutritional awareness programs.



fit

Life EDGE! imparts upon children and youth the skills needed for life-long growth as well as the exploration of future career fields.



life

Adventure EDGE! encourages children and youth to embrace the outdoors and nature while being exposed to activities that stimulate relaxation.



adventure

Registration for school-age children, middle school youth and teens at CYS Services Central Registration Ledward, Bldg 224, The Commons CIV 09721-96-6414 or DSN 354-6414



**"Yes Wii Can!"
CYS Services**



SUMMER CAMP 2009

June 15-August 28

Kindergarten @ CDC
1st-5th Grade @ SAS
6th-8th Grade @ Middle School/Teen Center
Weekly Sports Camps for K-12th Grade at Youth
Sports & Fitness

Who

MS/T:
Monday-Friday, 9 a.m.-1 p.m., Open Recreation
afterwards

SAS:
Monday-Friday, 9 a.m.-4 p.m.
(Before & After-Camp Care available)

*** Campers must be registered with CYS
Services. For more information, including weekly
schedules and fees, call the appropriate facility:

Child Development Center:
09721-96-6281 or DSN 354-6281

School Age Services:
09721-82181 or DSN 354-6974

Middle School/Teen Center:
09721-96-6732 or DSN 354-6732

Youth Sports & Fitness:
09721-96-6822 or DSN 354-6822

POC

Dear Mom and Dad,
I'm having fun at camp.
I've met so many new
This place is great!!!
Don't worry though.
We've been learning a
I miss you and will

Love,

**Amusement Parks • Museums • 3D Movies • Treasure Hunts
Fine Arts • Dance Parties • Technology Labs & More!**



**Bldg. 444, Abrams Entertainment
Center near Ledward Barracks
09721-96-6460 or DSN 354-6460**
Register for SKIESUnlimited programs at
Central Registration.

Ballet

Ages three to five: Wednesday or Friday, 4-4:45 p.m.
Ages six to eight: Wednesday, 3-4 p.m., Elementary
School
Ages nine to 12: Friday, 3-4 p.m., Elementary School
\$35 month for one class/week

Choir

Ages six to 12: Monday, 4:30-6 p.m.
Ages 13-18: Wednesday, 4:30-6 p.m.
\$35 month for one class/week
Abrams Center

Guitar

Ages eight to 18
Tuesday, Wednesday or Thursday
By Appointment Only
\$40 per month for one class/week
Abrams Center

Horseback Riding

Ages seven to 18
Monday, 5-7 p.m.
\$75 month for one class/week
(6 month class)
Seufert Ranch

Jazz Dance

Ages nine to 15
Friday, 4:45-5:45 p.m.
\$35 month for one class/week
Abrams Center

Karate

Ages six to 18
Monday & Wednesday,
5:30-6:30 p.m.
\$45 month for two classes/week
Finney Fitness Center

Musical Instruments Instruction (Brass, Woodwind & Percussion)

Ages 12-18
Wednesday-Thursday, 45 minute session by appoint-
ment between 4:30-7 p.m.
\$40 for one class/week
Abrams Center

Piano

Ages five to 18
Monday-Thursday, 4-5 p.m.
\$40 month for one class/week
\$65 month for two classes/week
Abrams Center

Scuba Diving

By Appointment Only
Bubble Maker (ages eight to 12): \$200
Seal Team (ages eight to 12): \$330
Skin Diver (ages five to 18): \$100

Singing Lessons

Ages 13-18
By Appointment Only, Monday-Friday
\$50 month for one class/week
Abrams Center

SPOTTED HAVING FUN WITH FMWR

Kinderfest



Photo by Michael Payne

Military Spouse Appreciation Day



Photo by Sandra Wilson

Kinderfest



Photo by Michael Payne

Quilting Workshop



Photo by Sandra Wilson

Kinderfest



Photo by Michael Payne

Cast of Steel Magnolias



Photo by Nathan Van Schaik